



Certificate of Continuing Education Credit

This is to certify that

Lisa A. Rainwater, LCMHCA, CGCS
License A16057

has completed the following online distance-learning course:

Interoceptive Awareness Skills for Emotion Regulation:
Theory and Approach of Mindful Awareness in Body-Oriented Therapy (MABT)

Date of Completion: Tuesday, April 5th 2022
NBCC 1.5 CE Credit Hour

A handwritten signature in black ink that reads "Keith Gibson, Ph.D." in a cursive script.

Keith Gibson, Ph.D.
CEO, CE Learning Systems

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